

10.30 – 3.00pm Monday 3rd November 2025

St George’s Conference Centre, Great George Street, Leeds LS1 3DL

PROVISIONAL PROGRAMME

10.30 5+5 mins	Housekeeping Welcome	AG MF
10.40 50 mins	AI and its impacts on our u3as. How we can harness AI, rather than feel threatened by it.	Alan Freeland+ Sandra Dean/ Barry Claydon
11.30 25 mins	Question and Answer session with Alan	MF to chair
11.55 35 mins	What changes do we foresee for our own u3as? Group discussion and feedback	AG
12.30 <i>30 mins</i>	BUFFET LUNCH <i>Please allow those with special dietary requirements to first</i>	
1.00pm 60 mins	Fit for the Future – our u3a over the next few years. At National, Regional and Local levels	Iain Cassidy
	Question and Answer session with Iain (MF to chair)	
2.00 45 mins	Planning for the Future? The need for Action Plans. What will your u3a do to change? Group discussion and feedback	AG
2.45 15 mins	Conclusions	MF
3.00 pm	CLOSE	